

ISSUE 1 | 10th FEBRUARY 2023

IN THE LOOP



On the first day of school... from the mouths of our students....

I can't wait to see my friends. I forgot where to go... Who's my teacher this year?

Finally...I can go to school again! I want to go back to bed, it's too early.

This box is heavy. I can run faster now... Is Mr MacDougall back?

Look I'm taller, that's why I'm at school.

I'm excited about being a school leader this year.

Acknowledgement to Country

We are learning on Wurundjeri Country and in the spirit of reconciliation, Lalor North Primary School acknowledges the Traditional Custodians of the land on which we are learning. We pay our respects to their Elders past, present and emerging and extend that respect to all Aboriginal and Torres Strait Islander peoples.



Important Dates

Week 3 (next week)

Wednesday 15th February – Prep Assessment

Thursday 16th February – Breakfast Club @ 8.15am

Thursday 16th February – Playgroup 9am – 10am

Friday 17th February – Interschool Sport – Home Game

Week 4

Monday 20th February – School Council Meeting @ 6pm

Wednesday 22nd February – Prep Assessment

Thursday 23rd February – Breakfast Club @ 8.15am

Friday 24th Interschool Sport – Away Game

Friday 24th February – School Newsletter Published

Week 5

Monday 27th February – Whole School Athletics Carnival

Tuesday 28th February – Glasses for Kids Program

Wednesday 1st March – Glasses for Kids Program

Thursday 2nd March – Playgroup 9am – 10am

Thursday 2nd March – Parent Teacher Interviews (pupil free)

Friday 3rd March – Interschool Sport – Bye

Friday 3rd March – Lalor North First Assembly @ 2.45pm

Week 6

Tuesday 7th March – Italian Carnivale Activities

Thursday 9th March – Breakfast Club @ 8.15am

Thursday 9th March – Playgroup 9am – 10am

Friday 10th March – School Newsletter Published

Friday 10th March – Whole School Assembly @ 2.45pm Away Game

Week 7

Monday 13th March – Labour Day Holiday Public Holiday

Tuesday 14th March – School Council Subcommittee Meetings

Our School Values

Honesty

We communicate openly and work together to solve problems. By demonstrating honesty and acting with integrity we build trust, which enables us to collaborate, to take greater risks with our learning and to be more resilient when things go wrong.

Respect

We respect ourselves, our school and each other, and understand that our attitudes and behaviour have an impact on the people around us.

Unity

We have many languages, come from many backgrounds and are a school of many differences, but we speak with one voice, as one school.

We develop a sense of connection and belonging within each part of our school, and across the whole school.

Success

We help each other learn so that everyone experiences success every day. Success means doing new things, learning new skills, finding new ways of thinking and solving interesting, complex and challenging problems.

Resilience

We know trying new things, experiencing challenges and bouncing back from adversity are central to life and to learning. Only by building our resilience can we experience strong levels of growth.

Principal's Message



WELCOME BACK EVERYONE!

The first day back at school is always a big one in the school calendar. For some children it is their first day at our school, and what a momentous occasion that is. We have several children transferring into the school at various year levels and to these children and families a special welcome also. We feel honoured to have you with us.

To the parents and staff – it is great to see you all again. I trust that together we can continue building what is a wonderful school where we aim to provide the best education possible for each child.

After many weeks of holidays, it is important for families to establish good routines to enable children to be at school on time and to undertake their learning in an enthusiastic and energised manner. Good routines certainly help reduce stressful and upsetting situations.

Here are some simple tips to help settle back into the school year and ensure your child is prepared to maximize their learning potential.

- 1. Set a good bed routine and stick to it!**
- 2. Have a balanced and healthy diet to increase energy throughout the day**
- 3. Hydration is key- especially in these warmer months! Make sure your child is drinking plenty of water throughout the day.**
- 4. Have your child pack their school bag the night before- this simple act of organisation helps reduce the stress of the morning rush!**
- 5. Have fun! With daylight savings still in place, do something fun outdoors with your kids before bed!**

The start of the New Year is also a good time to welcome our new staff to Lalor North Primary School. A warm welcome to Barbara Stamatopoulos in the office, Maria Vlahos in grade one/two and Marija Andonovski to the Macedonian Bilingual Program. We are very excited to our wonderful school.

Elizabeth Bryan & Ann Hague

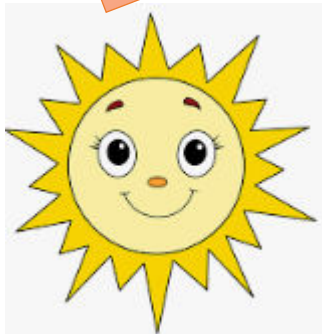
Don't Be Late
School starts at 9am



Don't forget fruit
time at School.



Be Sun Smart
Wear Your Hat.



Attention Parents
please do not park in
the staff Carpark.



SCHOOL NURSE PROGRAM

The Visiting Primary School Nurse from the Primary School Nursing Program will be visiting our school this term.

The Primary School Nursing Program offered by the Department of Education is a free confidential health service offered to students in their first year of school.

The health screening allows for;

- The opportunity to have a health assessment
- Information and advice about healthy behaviours to be provided to families
- A link for children and families to community-based health and wellbeing services.
- All parents or carers of students in grade Prep will have received The Primary School Nursing Program Information Package & School Entrant Health Questionnaire.

PARENT HELPERS

A home-school partnership is encouraged and valued at Lalor North Primary School, and we are committed to building strong partnership with our parent community. There are many possibilities for parent involvement, creating a greater sense of community and improving links between home and school.

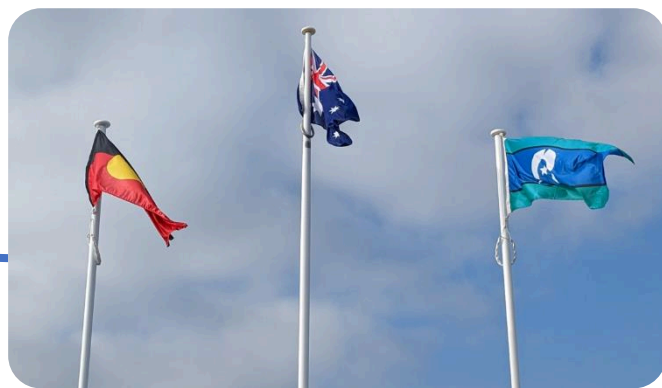
We are inviting parent helpers to support our students and teachers in the classroom. If you are interested in volunteering your time, please contact the school on 9465 4922. Further information to follow.

Dani Lupeski

OUR NEW FLAGS AND FLAG POLES

We were all very excited to see our new flags raised on Monday morning on our shiny new flag poles. We now have all three of the significant flags in the courtyard and in our hall ready for our assemblies. They look spectacular!

Our student leaders will have the honour to raise the flags for our school community.



MESSAGES FROM OUR WHITTLESEA COUNCIL

Come along and have some fun at the Whittlesea Public Gardens' brand new playground



Celebrate the official opening with a play on the swings, slides, ropes, flying fox and in-ground trampoline.

Bring your bike or scooter and go for a spin around the new riding circuit.

To sweeten the deal, we're even offering **FREE** ice cream!

When: Wednesday 15 February
2.30pm-3.30pm

Where: Whittlesea Public Gardens
Barry Road, Lalor



Staying safe from mosquitoes

Recent wet and warm weather has increased mosquito breeding. Mosquitoes can carry diseases that may be passed on to people through mosquito bites. A range of mosquito-borne diseases have recently been detected in mosquitoes in northern Victoria. Mosquito-borne diseases can cause serious illness, including infections of the brain, with children particularly at risk.

The best way to prevent mosquito-borne diseases is to avoid mosquito bites.

In line with community health advice, families can protect against mosquito bites by:

- using insect repellent that contains picaridin or DEET on all exposed skin if outdoors when mosquitoes are observed, from October to March
- wearing long, loose-fitting clothing outdoors if possible if mosquitoes are around and covering exposed skin as much as possible. Summer school uniforms, including polos and shorts, can continue to be worn, but students should use insect repellent on exposed skin if mosquitoes are active
- limiting outdoor activity when mosquitoes are active.
- [Further information](#)
- A [handy guide](#) to help protect you and your family from mosquito-borne disease
- Better Health Channel [information about preventing mosquito-borne diseases](#).

15 YEARS!!!!



Congratulations Marie!

Dear Families,
This month I had the honour of presenting Marie our wonderful Camp Australia OSHC Coordinator a certificate and several other goodies in celebration of her 15 years service with Camp Australia.

What a tremendous achievement!
6 of these years Marie has spent here at Lalor North Primary school building lovely relationships with the children the families at the school.

We at Camp Australia thank Marie for her loyalty, dedication and commitment to Camp Australia, Lalor North Primary School and most importantly to the children she cares for and educates each and every day.



I look forward to guiding children's growth with Marie for the next 15 years also.

Congratulations Marie!

Mary Evangelakos
Regional Manager
- Camp Australia

It takes a big
heart
to help shape
little
minds.



ANNUAL PRIVACY REMINDER FOR OUR SCHOOL COMMUNITY

Our school collects, uses, discloses and stores student and parent personal information for standard school functions or where permitted by law, as stated in the [Schools' Privacy Policy](#).

Please take time to read our school's collection notice, found on our website in the policy section.

We ask parents to also review the [guidance we provide](#) on how we use [Microsoft 365/Google Workspace for Education](#) safely at the school and what parents can do to further protect their child's information. If after reviewing the guidance, you have any questions or concerns regarding your child using [Microsoft 365/Google Workspace for Education](#), please contact the school.

For more information about privacy, refer to: [Schools' Privacy Policy — information for parents](#). This information is also available in ten community languages:

- Amharic
- Arabic
- Dari
- Gujarati
- Mandarin
- Somali
- Sudanese
- Turkish
- Urdu
- Vietnamese



Breakfast Club starts...

Thursday 16th February

Please Return your Notes!



ATTENTION PARENTS & CARERS

You're invited to join our successful
B Happy B Healthy social-emotional learning workshop to
assist your child to build crucial life long skills.

ABOUT THE PROGRAM:

- Designed to be run with 6-14y/o children
- Based on positive psychology and mindfulness
- Minimise symptoms of stress and anxiety
- Teach your child to self-regulate big emotions
- Boost confidence and resilience in your child
- Comprehensive manual and activities included

15% OFF when you sign up before Feb 20th

IN-PERSON WORKSHOP DATES:

Melbourne - March 8th or July 18th

Brisbane - March 13th or July 24th

Sydney - March 15th or July 26th

For all the finer details please visit

www.happyhealthykids.net.au

or email your enquiry to info@happyhealthykids.net.au

Here are some simple ways you can **connect. reflect. protect.**

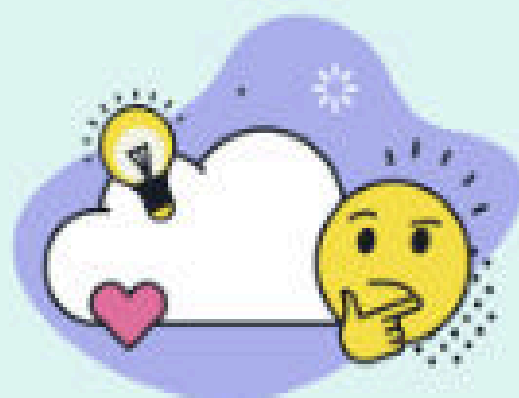


Connect safely

- **Keep your personal information private** on apps and games
- **Only share passwords with trusted adults**
- **Be kind and caring to others online** like you are in person

Reflect before you act

- **Think of others' feelings** before you post, like or share content
- **Ask someone if it's OK** before you take or share a photo or video of them
- **Be curious and ask questions** about what you read or watch online



Protect yourself and others by taking action

- **Be a supportive friend** if you see someone who needs help online
- **Ask a trusted adult for help** if something doesn't feel right.

Find more tips at
[esafety.gov.au](https://www.esafety.gov.au)