

ISSUE 2 | 24th FEBRUARY 2023

IN THE LOOP



art @ Lalor North Primary School

Acknowledgement to Country

We are learning on Wurundjeri Country and in the spirit of reconciliation, Lalor North Primary School acknowledges the Traditional Custodians of the land on which we are learning. We pay our respects to their Elders past, present and emerging and extend that respect to all Aboriginal and Torres Strait Islander peoples.



Important Dates

Week 5 (next week)

Monday 27th February – Whole School Athletics Carnival

Tuesday 28th February – Glasses for Kids Program

Wednesday 1st March – Glasses for Kids Program

Thursday 2nd March – Playgroup 9am – 10am

Thursday 2nd March – Parent Teacher Interviews (pupil free)

Friday 3rd March – Interschool Sport – Bye

Friday 3rd March – Lalor North First Assembly @ 2.45pm

Week 6

Tuesday 7th March – Italian Carnivale Activities

Thursday 9th March – Breakfast Club @ 8.15am

Thursday 9th March – Playgroup 9am – 10am

Friday 10th March – School Newsletter Published

Friday 10th March – Interschool Sports Away Game

Friday 10th March – Whole School Assembly @ 2.45pm

Week 7

Monday 13th March – Labour Day Holiday Public Holiday

Tuesday 14th March – School Council Subcommittee Meetings

Wednesday 15th March – NAPLAN Begins

Thursday 16th March – Breakfast club @8.15am

Thursday 16th March – Playgroup 9am – 10am

Thursday 16th March – Student Representative Council

Friday 17th March – Interschool Sport

Friday 17th March – Whole School Assembly @ 2.45pm

Week 8

Monday 20th March – International Day of Happiness

Monday 20th March – School Council

Tuesday 21st March – Harmony Day

Thursday 22nd March – Breakfast club @8.15am

Thursday 22nd March – Playgroup 9am – 10am

Thursday 23rd March – Student Representative Council

Friday 24th March – Wear Purple Day

Friday 24th March – School Newsletter Published

Friday 24th March – Whole School Assembly @ 2.45pm

Our School Values

Honesty

We communicate openly and work together to solve problems. By demonstrating honesty and acting with integrity we build trust, which enables us to collaborate, to take greater risks with our learning and to be more resilient when things go wrong.

Respect

We respect ourselves, our school and each other, and understand that our attitudes and behaviour have an impact on the people around us.

Unity

We have many languages, come from many backgrounds and are a school of many differences, but we speak with one voice, as one school. We develop a sense of connection and belonging within each part of our school, and across the whole school.

Success

We help each other learn so that everyone experiences success every day. Success means doing new things, learning new skills, finding new ways of thinking and solving interesting, complex and challenging problems.

Resilience

We know trying new things, experiencing challenges and bouncing back from adversity are central to life and to learning. Only by building our resilience can we experience strong levels of growth.

Principal's Message



Dear Lalor North Primary School Families,

As we see our fourth school week come to an end, we have seen the temperature rise significantly. Throughout these hot days, we encourage students to undertake passive activities during breaks, while also reminding students to be SunSmart by wearing hats and sunscreen. Please ensure your child brings the appropriate wide brimmed hat to school as well as a drink bottle every day.



SCHOOL COUNCIL ELECTION

This week I sent a Compass post out to the school community regarding school council nominations for 2023. These nominations are due to close today at 4pm.

If you are interested in the work of School Council and would like to learn more about the role of school council in Victorian schools, please read the information about our school council on our website or click on the link below.

<https://www2.education.vic.gov.au/pal/school-council-overview/overview>

PARENT/TEACHER CONFERENCES – THURSDAY 2ND MARCH

On Thursday 2nd March the school will hold the term one Parent/Teacher Conferences for students in years Prep-6. These meetings are valuable as we communicate with families early in the year about how students have settled and share important information with each other to support a great start to the year. It is timed this way so that we have had a couple of weeks to identify any academic or wellbeing needs that can be addressed early.

This is a student free day as the Parent/Teacher Conferences are held from 11am to 8pm. Please make sure that you have booked a time through Compass or call the office if you need help.

LOST PROPERTY

Lost property is currently located in the school foyer so that students may look for items independently during the school day. Parents are also welcome to search through the growing pile of lost clothing if things have been lost. Please name your clothing so that our Education Support Staff may return items to students when they sort the lost property throughout the week.

BEFORE AND AFTER SCHOOL CARE

Lalor North Primary School offers an Out of School Hours Care Program (OSHC) through Camp Australia who provide a quality, safe, fun and professional OSHC. It strives to present quality programs, while maintaining important and trusting bonds between home, school and OSHC. When attending the OSHC Program, the children receive healthy snacks and participate in a range of exciting and fully supervised activities. The OSHC program operates out of our school's hall and parents are required to deliver and collect students from this point. Operating hours are: Before School Care 7am to 8.45am and After School Care 3.30pm to 6.00pm

NEWSLETTERS AND NOTICES

The school newsletter is published fortnightly and is emailed via Compass and also available on the school website. Most school notices are distributed to students and available at the office. This week there have been several notices that have been sent to families. Please return these promptly so that we may update our processes or collect a notice from the office if you have misplaced your notes. The following notices have been distributed:

- Whole School Athletics Note
- Interschool Sport Notice (for grades 5 and 6)
- Breakfast Club Consent
- Photographic and Filming Consent
- Updating your family details Notice (coming soon)

ASSEMBLY

Our Whole School Assembly is led by our student leaders. It celebrates student achievements and showcases special activities that are occurring in the school. Our first assembly will be held on Friday 3rd March in the BER at 3pm. All parents are welcome.

Finally, a special thank you to all the parents who have provided such warm feedback about our staff at Lalor North PS. It really does make me feel proud of our school community. I value the partnership with our families and enjoy seeing students overcome challenges, as they are building their confidence and are learning to be brave and resilient as they grow.

Elizabeth Bryan & Anne Hague

From the Office



CORRECT PARENT DETAILS

Have you moved house, changed your phone number or email address?

If so, please fill in the 'Change of Details' form that will be sent out to you soon. It is important that you return the form back to school **the very next day** so we can update your contact details.

It is important that we have your most current details for general purposes and in case of an emergency. This is to ensure you do not miss out on vital information including student attendance alerts. We also need up to date medical alerts for students.

SICK STUDENTS

There are many students that are going to the sick bay early in the day. This is quite disruptive to the class as well as upsetting for the student if they are not well and are at school. We will certainly contact you when your child is unwell at school for early collection however, we also need to maintain health of all students and limit the spread of infections. This is a gentle reminder that **if your child is unwell to keep them home for the day.**

LATE ARRIVALS

A reminder also, to all parents that if your child arrives late to school, they will need to be signed in at the office before going to the classroom. Compass attendance will then be updated. Please do your best to have your child at school by 9am so they settle into the classroom routines calmly and feel more comfortable at the start of the day.

MEDICATION AT SCHOOL

Please be aware that any and all medication for students must be administered by staff and must be kept securely in the office or sickbay. The Medication Policy outlines the required procedures and protocols.

If it is necessary for your child to have medicine at school please fill in a Medication Authority Form that is on our website or collect one from the office.

Barbara & Angela

Interschool Sports Results



Last week we played against Epping PS

Sport	Results	Awards
Cricket	Lalor North PS defeated Epping PS 2 for 48 and 8 for 19	Star Performer – Thomas T Encouragement Award - Dame
Rounders (Boys)	Lalor North PS defeated Epping PS 9 runs - 0 runs	Star Performer – T. J Encouragement Award - Oliver
Rounders (Girls)	Lalor North PS defeated Epping PS 15 runs to 3 runs	Star Performer – Alana Encouragement Award - Jonisa
Bat Tennis (Boys)	Lalor North PS defeated Epping PS 28 sets to 8 sets	Star Performer – Moustafa K Encouragement Award - Teo
Bat Tennis (Girls)	Lalor North PS Lost to Epping PS 12 sets to 36 sets	Star Performer – Jessie Encouragement Award – Serena S

This week we played against St Catherine's PS

Sport	Results	Awards
Cricket	Lalor North PS defeated St Catherine's 6 for 69 and 6 for 35	Star Performer – Abhiraj Encouragement Award – Stefan J
Rounders (Boys)	Lalor North PS defeated St Catherine's 15 runs - 8 runs	Star Performer – Rua Encouragement Award - Billy
Rounders (Girls)	Lalor North PS defeated St Catherine's 11 runs to 3 runs	Star Performer – Michaella Encouragement Award - Angelina
Bat Tennis (Boys)	Lalor North PS defeated St Catherine's 3 sets to 1 set	Star Performer – Marko Encouragement Award - Teo
Bat Tennis (Girls)	Lalor North PS Lost to St Catherine's 1 set to 4 sets	Star Performer – Tatjana Encouragement Award – Mirella

Beautiful monochromatic drawings from our students in the Art Room





Lalor North Primary School Uniform

The purposes of the school uniform are to distinguish the school in public, build a school identity, help build an inclusive environment and to provide parents with cost effective and convenient clothing for school.

Lalor North Primary School has a compulsory school uniform. It must be worn at school, on excursions, at sporting activities and any other special occasions where students represent the school. It's important that every student feels comfortable and has a sense of belonging to our learning community while feeling pride about being a member of our school community each school day.

A PLUS SCHOOLWEAR **Northern Regional Uniforms Shop**

Address: Unit 3 /30 Heaths Court Mill Park

Contact: [03 9436 4005](tel:0394364005)

Email: info@northernregionaluniforms.com.au

Trading Hours:

Monday: 9.00am - 5.00pm

Tuesday: 9.00am - 5.00pm

Wednesday: 9.00am - 5.00pm

Thursday: 9.00am - 5.00pm

Friday: 9.00am - 3.00pm

Saturday: 9.00am - 12.00pm

Closed Sundays and Public Holidays.



Top tips for sun-protective school uniforms

Clothing helps to act as a barrier between the skin and the sun's ultraviolet (UV) radiation. But not all clothing styles and fabrics are up to the task.

It's important to choose clothing that covers as much skin as possible but still allows ventilation to keep the body cool.

A uniform policy or dress code should consider clothing for various events on and off-site, such as sports carnivals, swimming events, excursions and free dress days.

For the best level of protection, use all five sun protection measures: clothing, sunscreen, a hat, shade and sunglasses.

UPF: Ultraviolet protection factor

Some clothing carries a tag with an ultraviolet protection factor (UPF) rating for sun protection. There are only four UPF ratings for clothing – UPF15, 30, 50 or 50+. The UPF rating refers to both the design of the garment (how much skin it covers) and fabric (how much UV it blocks). Specific UPF guidelines have been developed by Standards Australia under the Sun protective clothing standard (AS 4399:2020).

To claim a UPF rating, as a minimum, clothing should cover the upper body including the torso and ¾ of the upper arms and/or the lower body. Lower body coverage should extend from the hip line to halfway down the thigh. The Australian Standard states that clothing designs incorporating full length sleeves, collars, crew necklines, long skirt or long trouser legs cover more body surface area thereby providing a more extensive physical barrier to UV (4.2.1).

Caps and sun-visors cannot claim or display a UPF rating as they do not provide adequate coverage.

UPF classifications (AS 4399:2020)		
UPF Rating	UPF Classification	% UV blocked
15	Minimum protection	93.3%
30	Good protection	96.7%
50, 50+	Excellent protection	98%

Uniform committee checklist

Does your uniform policy or dress code consider UV safety and sun protection?

Does your uniform supplier provide current UPF ratings (Australian Standard 4399:2020) for all garments?

- UPF50 / UPF50+ rating to ensure the fabric and design meets the Australian Standard

Can't see a UPF rating? Look for:

Design

- Garment covers full torso including upper neckline
- At least elbow-length or long sleeves
- At least knee-length or longer shorts/skirt/dress
- Long trousers

Fabric

- Is it densely woven?

Hats

- Broad-brim hats should have a wide, straight brim
- Bucket hats should have a deep crown that sits low on the head and an angled brim
- Legionnaire hats should have a flap that covers the ears and back of the neck to the collarbone/shoulder. The side flap and front peak should overlap to protect the side of the face





Please note: Baseball or peak caps do not provide enough protection and are not recommended.

Recommended hat brim width measurements

Indicative age group	Head-wear size	Broad-brim minimum brim width	Bucket minimum brim width	Legionnaire minimum brim width
Children				
Infants 0–1 year	41–43cm	5cm	5cm	Proportional to the child's head/face
Toddler 1–2 years	49–52cm	5cm	5cm	Proportional to the child's head/face
3–8 years	50–54cm	5cm	5cm	6cm
8–12 years	55–56cm	6cm	6cm	6cm
Adults				
S/M	56–57cm	7.5cm	6cm	7.5cm
M/L	57–59cm	7.5cm	6cm	7.5cm
L/XL	59–61cm	7.5cm	6cm	7.5cm
XXL	62–63cm	7.5cm	6cm	7.5cm

What to look for when choosing sun-protective clothing

Design

Look for clothing with higher necklines that cover the upper chest and collarbones e.g. crew necks or collared shirts with a buttoned-up, closed neck line. Some polo shirts have good collars but leave the delicate areas on the upper chest and neck exposed to UV when buttons are undone.



Look for longer style sleeves – at least to the elbow or long if possible.

Longer style shorts/trousers/dresses/skirts are also best. They should at least cover most of the thigh but preferably reach the knee.



Fabric used

What is the fabric structure? If you hold it up to the light, will it let a lot of light through? This can mean it will allow a lot of UV to pass through too. Fabric with a tighter weave is often better at protecting from UV, and darker colours generally offer more protection than lighter colours.

Fit

Clothing should be correctly sized, as tight-fitting fabric may stretch and offer less protection as a result.

Condition

With wear and tear over time, even the most sun-protective garment will become less protective. Aim to keep clothing in good condition, where it is not too stretched or worn.

Last updated: October 2020

Being SunSmart in Victoria



When UV is 3+



Slip on covering clothing



Slop on SPF30 or higher, broad-spectrum, water-resistant sunscreen



Slap on a broad-brimmed hat



Seek shade



Slide on sunglasses (AS:1067)

Think UV, not heat! UV rays can't be seen or felt and can damage your skin on cool or cloudy days.

When UV is below 3

Sun protection isn't required unless you are outdoors for extended periods or near reflective surfaces, such as snow.



Download the SunSmart app to find sun protection times for your location in Australia.

Sept 2022



Scan the QR code or visit sunsmart.com.au/app to download.





City of Whittlesea

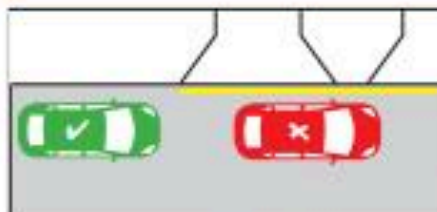
PARKING AND SAFETY AROUND SCHOOLS

Speed



Look out for the reduced speed limit around schools and slow down to improve safety.

Yellow edge line



A driver must not stop on the side of a road marked with a yellow edge line.

Parking/Stopping signage



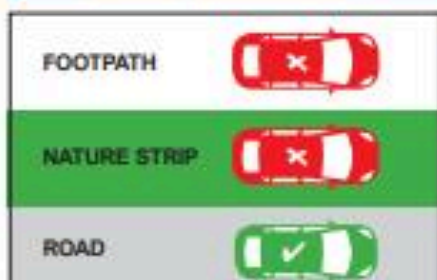
No stopping areas must be kept clear. If times/days are specified, restrictions are only applicable to the specified times/days. You cannot park in a P3 minute area for longer than three minutes.

School crossings



- Look out for flags and Crossing Supervisors
- You must stop for anyone waiting to cross, or who has started crossing
- Please remain stopped until the crossing is clear.

No parking on nature strips/footpaths



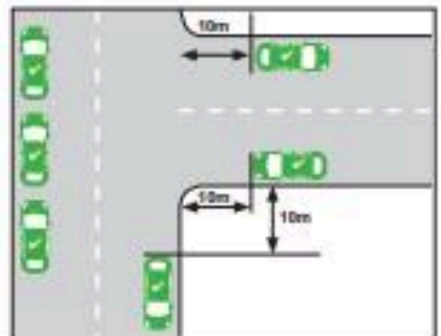
Parking is illegal on nature strips and footpaths.

Double parking



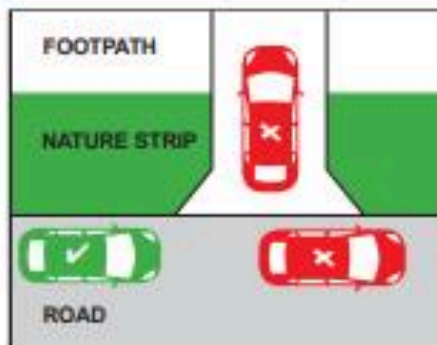
It is illegal to double park at any time. This affects the flow of traffic.

Within 10 metres of an intersection



A driver must not stop with any part of their vehicle within 10 metres of an intersection unless signed otherwise.

Stopping across driveways



It is illegal to stop/park across a driveway unless you stay in the car are there for no more than two minutes and move immediately if required to do so to allow entry or exit by the owner/occupier.

3 metre gap for signage



At least 3 metres must be left between your vehicle and the centre dividing line to allow other vehicles to pass safely and not obstruct traffic.

What can you do to stay safe

- Supervise your children in or near traffic
- Walk or cycle to school with your child
- Respect all road rules, parking signs and instructions from authorities
- Wait on the same side of the street as your child
- Always let your child out of the kerb side of the car.

Free Telephone Interpreter Service

العربية	9679 9871	Italiano	9679 9874	हिन्दी	9679 9879	Tiếng Việt	9679 9878
عربي	9679 9873	Македонски	9679 9875	தமிழ்	9679 9879	Other	9679 9879
عربي	9679 9879	简体中文	9679 9857	Türkçe	9679 9877		