# ISSUE 17 | 10<sup>th</sup> NOVEMBER 2023



# IN THE LOOP

The beautiful artwork created by our students which focused on the Australian landscape inspired by **Albert Namatjira.** Watercolours were used to create these wonderful paintings by our students here at Lalor North Primary School. Come and have a closer look.....they



are proudly displayed in our school foyer near our staffroom. ...



#### **Acknowledgement to Country**

We are learning on Wurundjeri Country and in the spirit of reconciliation, Lalor North Primary School acknowledges the Traditional Custodians of the land on which we are learning. We pay our respects to their Elders past, present and emerging and extend that respect to all Aboriginal and Torres Strait Islander peoples.

# Important Dates

#### Week 7, Term 4

Monday 13<sup>th</sup> November – E&P SC Subcommittee 3.45pm Wednesday 15<sup>th</sup> November – Prep Orientation 9am–10.30am Wednesday 15<sup>th</sup> November – F&F SC Subcommittee 3.45pm Thursday 16<sup>th</sup> November – Breakfast Club @8.15am Thursday 16<sup>th</sup> November – Playgroup 9am – 10am Thursday 16<sup>th</sup> November – Student Representative Council Thursday 16<sup>th</sup> November – Student Representative Council Thursday 16<sup>th</sup> November – Bilingual Network Meeting Thursday 16<sup>th</sup> November – B&G SC Subcommittee 3.45pm Friday 16<sup>th</sup> November – Assembly Friday 17<sup>th</sup> November – Evacuation Drill – Oval Week 8, Term 4 Monday 20<sup>th</sup> November – School Captain Selection Speeches Tuesday 21<sup>st</sup> November – School Council

Thursday 23<sup>rd</sup> November - Breakfast Club @8.15am Thursday 23<sup>rd</sup> November - Playgroup 9am - 10am

Thursday 23<sup>rd</sup> November – Student Representative Council

Friday 24<sup>th</sup> November – Assembly

Friday 24<sup>th</sup> November – Newsletter

#### Week 9, Term 4

Wednesday 29<sup>th</sup> November – Prep Orientation 9am-10.30am Thursday 30<sup>th</sup> November – Breakfast Club @8.15am Thursday 30<sup>th</sup> November – Playgroup 9am – 10am Friday 1<sup>st</sup> December – Assembly

#### Week 10, Term 4

Wednesday 6<sup>th</sup> December – Grade 6 Funfields Excursion Thursday 7<sup>th</sup> December – Breakfast Club @8.15am Thursday 7<sup>th</sup> December – All library books returned today Friday 8<sup>th</sup> December – Assembly Friday 8<sup>th</sup> December – Newsletter

## **Our School Values**



# Principal's Message

Dear Families,

We are now getting to the pointy end of the school year where we see the weeks slipping by quickly. Our staff are working very hard with the students and writing their end of year reports. For the leadership team its all about planning for the new



school year to ensure that we have all things in place to begin 2024 organised and prepared.

#### **Prep Transition**

Our first Prep Transition Program session was a huge success this year. We have had great attendance and participation by the students and parents. Our sessions continue with three weeks to go every Wednesdays at 9am. We are so pleased to see the confidence and enthusiasm that our new preps are demonstrating already! Its wonderful to meet the new families and see so many happy little faces.

We look forward to seeing them again for the next few weeks.

#### **Parent payment**

We have distributed the parent payments for 2024 to all families. This year we have made it easier for all families so that they can make payments at the office and the supplies will arrive at the school in individual boxes. This decision was made based on the feedback gathered from parents and teachers.



The contributions families have provided have especially made a huge difference to the special curriculum opportunities that we would otherwise not be able to offer. These financial contributions have assisted us to include enhanced digital learning experiences, offer STEM as a subject and resource it well, purchase further books and resources, celebrate concerts and special events, improve our classroom and school environment as well as enrich teaching to include our Kitchen Garden and Sustainability learning experiences. Your contributions have also enabled us to make excursions and incursions more affordable throughout the year as well.

#### **School review**

Schools undertake a school review every 4 years to inform the directions of the school's four year School Strategic Plan (SSP) (a legislative requirement for all schools).

The first component of the review is the pre-review self-evaluation (PRSE) where schools review their data and other evidence to form a collective view of current practice and areas for improvement. Lalor North Primary School has completed this part of the process.

This is followed by a review conducted by a panel, utilising the expertise of challenge partners and convened by an independent school reviewer.

Concurrent with this panel process, the school reviewer undertakes an assessment of the school's compliance with the Minimum Standards for Curriculum and Student Learning.

On Tuesday we have a panel of staff working together to work towards setting the new School Strategic Plan. The panel is made up of myself, two other principals, our assistant principal, department representatives, staff members and a school council representative.

#### Creating a Safe Online Environment for our School Community

This week our staff revisited the topic of 'online Safety' and being responsible and safe when online both at home and at school. Our learning focus was about sharing and viewing inappropriate content online and being extra careful.



Lalor North Primary School has a DIGITAL LEARNING POLICY (INTERNET, SOCIAL MEDIA & DIGITAL DEVICES) which supports the school community to understand the expectations when using digital technologies. This policy is available on the school's website and is also attached to this post.

Everyone in our school community can help to create a shared understanding of, and responsibility for, online safety, so students can participate in a safe online environment. We are asking for your assistance in monitoring and educating your children in the safe and appropriate use of digital technologies, including the internet, apps, computers and tablets. Staff will also continue to educate students about safe and appropriate use of digital technologies.

We also understand that it can be difficult for parents to keep up to date with the new technologies. We ask that all parents and carers pay careful attention to their children and their online activities when engaging with Tik Tok and Snapchat in particular. It is not appropriate to be sharing inappropriate content that may be hurtful or upsetting. Please investigate the sites and apps your children are using to ensure your child stays safe and doesn't develop a 'digital footprint' they will regret when they are older. Thank you for your support in creating a safe online environment for our school community.

For further support please visit the eSafety Commissioner at https://www.esafety.gov.au/parents

#### My child is involved in an online safety incident — what can I do?

As a parent or carer, you know your child better than anyone and have the best opportunity to guide them to have positive online experiences. If your child has been involved in an online incident (as a target, instigator or bystander), it is important that you work together with the school to provide your child with the support they need. It can be distressing to learn that your child is being cyberbullied, has been exposed to inappropriate content or is using technology inappropriately but it is important to focus on their wellbeing. It's best to not engage with the incident online — instead, stay calm, positive and focused on finding solutions.

When an online safety incident occurs, school staff will work through an incident response procedure, which is underpinned by school policies, education department/sector guidelines (if applicable) or eSafety advice. Ask your school for a copy of the procedure and familiarise yourself with the response steps. If you have an issue with the school, make sure that you raise it through the appropriate complaint procedures.

#### 1 Focus on wellbeing

Check in regularly with your child and the contact person at your school. Regardless of whether your child was the target, instigator or bystander in the incident, it is likely that they will require emotional support. If your child has used technology inappropriately, support them to take responsibility for their actions and give them ideas to resolve the issue.

If you feel your child is in immediate danger or at risk of harm, call Triple Zero (000) and stay with them until they are safe. Seek professional help if your child is distressed or shows changes in behaviour or moods, remembering that organisations such as <u>Kids' Helpline</u> and <u>Beyond Blue</u> can help. Maintain contact with the school so you can work together to support your child.

#### 2. Communicate with the school

Make a list of questions that you want to discuss with your child's school and use this to guide conversation. Check if your child has questions as well, or if they have any ideas on how to resolve the issue or repair the harm. Throughout the process it is important that communications with your child's school are calm and positive, focusing on addressing the issues and supporting your child. You might like to ask the school to watch out for concerning behaviours, or discuss the strategies that will be implemented if the issue remains unresolved. Keep in regular contact with the school, making set times to meet with your child's teacher, school counsellor and, if needed, the principal or school wellbeing team. This may help support the wellbeing of your child particularly if you have concerns with the steps taken in managing the issue, or if your child starts to feel uncomfortable about attending school. <u>Bullying. No.</u> Wayi also has helpful advice on how you can work together with schools to address and resolve bullying issues.

#### 3. Access support

Your child's school and their GP or health professional can provide support. Draw on your own support network too, and make sure to seek help for yourself if you need it. The eSafety website includes a list of <u>counselling and support</u> <u>services</u> that can help anyone involved in an online safety incident. This list can be filtered by audience (including parents), the type of support required, issue and state/territory.

#### 4. Upskill

eSafety has a range of information for <u>Parents and Carers</u> including skills and advice to help you talk to your child about online safety issues including cyberbullying, online pornography, sending nudes and online gaming.

#### Pupil Free Days for 2024

School council has approved the following dates for 2024 as Pupil Free Days. Please ensure that you have them on your family calendar to be organised for next year. This provides you with lots of time to plan around these dates.



#### **Evacuation Drill – Friday 17 November**

As we continue to help staff and students know how to respond in an emergency, we will practise an evacuation to the oval on Friday 17 November. This drill helps the students to become familiar with the actions needed if there was a real emergency. It also helps staff to identify what went well and any areas that we can improve. When students are learning about what to do in emergency situations it is a good time to discuss safety in the home and what to do in an emergency.

#### **Transition Dates for Prep Students Starting School in 2024**

#### We are getting ready to meet our new preps for the 2024 school year!

Transition session 1 - Wednesday 8th November 9am - 10.30am done Transition session 2 - Wednesday 15th November 9am - 10.30am Transition session 3 - Wednesday 22nd November 9am - 10.30am Transition session 4 - Wednesday 29th November 9am - 10.30am







#### **Grade 5 Little Angler Kits**

This week was very exciting for our Grade 5's who were each provided with a Little Angler Kit which is part of the Victorian Government's Little Anglers Initiative. These students are receiving the kits based on the Grade 5 Victorian Curriculum area of focus, movement and motor development and safety considerations. Parent information sheets have been provided for the students to take home with further information along with the kits. Happy fishing!

#### **Book Packs for 2024**

Book Pack information as well as Curriculum and Other Contributions for 2024 has been sent home with all students this week. Payments can be made at the Office using Eftpos, cash or by Bank Transfer. We encourage payments to be made by Friday 8th December 2023. Book packs will be delivered to the school and distributed to students in their new classrooms on the first day of Term 1, 2024.

#### **Medication for Students**

We have had a number of students recently come to sick bay displaying symptoms of hay fever and headaches, possibly due to the weather. Many of these students have not had prior record of suffering from hay fever. If you notice that your child is showing symptoms even though they normally do not, please consider leaving hay fever or headache medication at the school sick bay in case of need. Please contact the office for further information and to complete a Medication Authority Form.

#### **Medication Collection from Camp**

A reminder for parents/carers to collect all medications that were supplied for use by students who attended the Grade 4,5,6 School Camp last week. Please come to the office for collection.

#### Barbara, Diana, Liz, Angela & Bev



# Campaspe Downs School Camp 2023



From Wednesday 1<sup>st</sup> November to Friday 3<sup>rd</sup> November a large number of our Grade 4, 5 and 6 students attended school camp at PGL Campaspe Downs Adventure Camp.

The camp is located in country Victoria on the outskirts of Kyneton, near the Macedon Ranges, around an hour drive outside of Melbourne. Students and staff had an amazing time at camp this year with fantastic weather, excellent camp facilities, delicious food and awesome adventure activities.







Activities such as the Giant Swing, kayaking, rock climbing, low ropes, raft building and trampolining, tested the students skills and courage. These activities challenged students to step outside of their comfort zones and try something new that many were attempting for the first time.

Teaching staff at camp were very impressed and proud of the resilience, students showed and the way in which they all encouraged and supported each during adventure activities.

Our nighttime activities included a Robot Wars competition on night one, followed by a trivia night and disco on night two. Students and staff were all very tired but happy on the bus ride home from camp after three days and two nights of camping fun!

Next year's camp will be happening around the same time next year (week 5, Term 4) at Lady Northcote Camp near Bacchus Marsh. Camp is open to all Grade 4, 5 and 6 students and next year's camp promises to be another amazing camping experience for our students.







## **GREEK FLAG FESTIVAL**

On Saturday 28th October, students of the Greek Bilingual Program were invited to attend the Greek Flag Festival organised by the Aetolian College to commemorate OHI Day (OXI) which is celebrated annually on the 28th of October. This date, back in 1940, marked the beginning of Greece's participation in the Second World War.

The day consisted of a church service, to commemorate the day, followed by a parade by the students. We were among local dignitaries and other schools where the Greek language is taught.

#### Representing our program were the following students:

George (Prep)	Johnny (Prep)	Stephanie (Prep)
Alexia (Year 1)	Marios (Year 1)	Paris (Year 2)
Venia (Year 2)	Theodora (Year 3)	Emilia (Year 4)
Luciana (Year 5)	Michaella (Year 6)	Alex (Year 6)
	Alexia (Year 1) Venia (Year 2)	Alexia (Year 1)Marios (Year 1)Venia (Year 2)Theodora (Year 3)

Mrs Koutsouroupas and Ms Diakodimitriou accompanied the students along with their parents.

We thank the organisers for inviting us this special event.







# Remembrance Day, 11<sup>th</sup> November

Today, our student leaders dedicated part of our school assembly to commemorate Remembrance Day, which is on Saturday November 11th at 11am. The students shared various pieces of work, including an acrostic poem about

Remembrance Day, Flanders Fields and the significance of the red poppy. These poems were created to honour the soldiers that lost their lives in all wars that have occurred around the world.



Remembrance Day marks the date in 1918 when the First World War came to an end. It is officially observed at the 11th hour of the 11th day of the 11th month each year.

Remembrance Day will be marked by a pause at 11 am on Saturday 11 November 2023 for a minute's silence, to remember people's service and sacrifice.

Victoria's Shrine of Remembrance will hold a commemorative service on Remembrance Day. The service will be live streamed on the Shrine's <u>Facebook</u> and <u>YouTube</u> channels from 10:30 am. Refer to the <u>Shrine of Remembrance</u> website for more information.

# Prep Transition

Thank you to all our new and returning familes for attending our first Prep Transition session. We were truly delighted to see so many families, including some former students who have now enrolled their own children at Lalor North PS!

It was fabulous to see such happy and eager little learners ready to meet their teachers, make new friends and begin their journey into Primary School.

The children began the morning with developmental play in the Discovery Room, where they met some of our staff and began to develop new friendships.

The session that followed focused on finding their new classroom, learning their teacher's name and introducing themselves to their classmates. The children sang songs, completed a self portrait and spent time tracing, copying, cutting and pasting their own name. It seems we have some wonderful artists on our hands!



Parents had the opportunity to connect with other parents, as they gathered together in the staffroom to have a casual chat, make a cup of coffee and participate in a short presention and discussion, led by our School Principal, Ellie. We hope this provided

the parents not only with useful information to help prepare them and their

child for school life, but also to establish a sense of unity and belonging to our school community.

Over the coming three weeks, the children will have the chance to further build on their friendships, their confidence and school readiness skills. As well as listening to stories, counting, singing, creating and making, and learning the routines of the classroom, our new students

will meet their special senior school buddies, who will help to support their transition into Prep in 2024.

Parents will continue to meet in the staffroom to learn more about LNPS regarding uniforms, canteen, Out of Hours School Care (OHSC), excursions, student welfare, communication apps, and teaching and learning.

We look forward to seeing you all again on the 15<sup>th</sup>, 22<sup>nd</sup> and 29<sup>th</sup> November. Please do not hestitate to contact the school if you have any questions or queries regarding our Prep Transition program.







# Student of the Week - 3rd November

Room	Student	School Va	lue Reason for award
1	Elina	Respect	For always waiting respectfully to share her ideas during whole class learning time. Well done Elina!
2	Jagger C	Unity	For participating whole-heartedly with all students in camp activities. Awesome effort!
3	Abhiraaj D		For demonstrating excellent leadership skills by being inclusive and including everyone in team building activities. Great effort!
4	Kreysha G	Success	For making great improvement in your reading. Keep up the great work, Kreysha!
5	Таі Ү	Success	For working hard to improve his writing. It is great to see you trying your best to use capital letters and full stops correctly. Congratulations Tai
6	Luciana Z	<b>Биссезэ</b>	For working hard in all areas of the curriculum in both English and Greek and always putting in her best effort! Well done!
7	Elora K	Resilience	For persisting in finishing her work to the best of her ability in both English and Greek. Well done!!
8	Mila P	Respect	For being an excellent role model in our classroom, always doing her best to make sure that she is listening and following instructions.
9	Ethan K	Success	For working hard to achieve his personal best and focusing on completing his work.
10	Katina P	Respect	For displaying the school value of respect at camp, in the way she interacted with her peers and teachers.
11	Moussa A	Unity	For helping out a classmate when they were injured. He helped wheel them around at recess in a wheelchair and made sure they were comfortable. You are so caring, Moussa!
13	Khloe N	Resilience	For overcoming challenges and trying her best in all areas of the curriculum. Well done Khloe!
14	Anastasija M	Resilience	For persisting to concentrate and participate during whole class activities. Well done Anastasija!
PE			
Art	Amelia R	Resilience	For showing resilience by dealing with her feelings and finishing her artwork. Also helping a friend to finish her art too. Well done, Amelia!
Music			
ITALIAN	Moustafa K (Room 3)	биссезэ	For his active participation and great enthusiasm when learning how to write and read sentences about his preferences in Italian. Bravo, Moustafa!
STEM	Stathis N (Room 6)	Success	For holding several school records in our Osmo Numeracy Challenge. Well done Stathis

# Student of the Week - 10th November

Room	Student	School Value	Reason for award
1	Rose	Success	For being able to retell and sequence events in a story.
2	Fahmi M	Success	For working hard and focusing on completing his work. Well done!
3	Roqia A	Success	For improving her attendance at school and completing all her set tasks. Well done super star effort!
4	Granth A	Respect	For displaying the school value of respect by being kind to his peers and teachers. Keep up the amazing work Granth!
5	Aura G	Unity	For being a kind and caring member of our school community. Thank you for always helping to take care of your classmates. Congratulations Aura
6	Gabriella V	Success	For working hard in English and Greek lessons and contributing her ideas in class discussions. Well done, Gabriella!
7	Stephanie N	Success	For making a great start at our school and displaying a wonderful attitude towards her learning. Well done, Stephanie!
8	Zoe J	Respect	For displaying wonderful manners and speaking to her teachers and friends with respect and a warm tone.
9	Luka T	Success	For displaying a wonderful attitude, enjoying his camp experience and adapting to new experiences with enthusiasm.
10	Leo A	Unity	For looking out for his fellow students especially when they need some support or encouragement. Well done!
11	Rosil K	Unity	For showing excellent teamwork in the non-camper activities. You showed creativity and co-operation when working with your teams. Well done, Rosil!
13	Angel M	Success	For a great improvement in reading. Well done on reading fluently and answering questions about a text. Well done Angel!
14	Khloe J	Success	For always listening carefully and completing her learning tasks to an excellent standard.
PE	Orson Y (Room 2)	Success	For his excellent catching skills with a baseball mitt during PE lessons and his great work on First Base during our class Tee Ball game. Well done Orson!
Art	Simona P (Room 10)	Success	For moving past the issues we had with technology and successfully forming a 3D human figure out of aluminium foil. Very impressive, Simona!
Music			
Italian	Jack C (Room 5)	Success	For being able to recall common school objects in Italian and match the correct words to the pictures. Well done, Jack!
STEM	Orson Y (Room 2)	Success	For working out the limit of code that can be programmed into a Bee Bot and Blue Bot.

# Interschool Sports Results

This week we played against St John's Primary School

Sport	Results	Awards	
Cricket	Lalor North PS lost to St John's PS 40 for 7 and 45 for 7	Star Performer – Stefan J Encouragement Award – Viraj	
Rounders (Boys)	Lalor North PS defeated St John's PS 14 runs - 10 runs	Star Performer – Abraham Encouragement Award – T.J.	
Rounders (Girls)	Lalor North PS defeated St John's PS 14 runs to 3 runs	Star Performer – Aleerah Encouragement Award – Victoria	
Bat Tennis (Boys)	Lalor North PS defeated St John's PS 34 sets to 20 sets	Star Performer – Teo L Encouragement Award – Jagger	
Bat Tennis (Girls)	Lalor North PS lost to St John's PS 10 sets to 43 sets	Star Performer – Jonisa Encouragement Award – Rosha	

#### This was the final week of Interschool Sports for 2023!

Awesome effort to all of our students who participated in all interschool sports throughout the year!!



## **New Updated School Uniform**



This is our updated school uniform which is available at our supplier. It has finally arrived!

There have been some improvements made through consulation with students and parents. The colours now match our school logo as well as improved fabric that is softer on the skin and byetter quality.

All students will have three years to transition to our new uniform so its fine to continue to wear the current uniform to school.

Teachers have also expressed interest in wearing our uniform so we will begin to order for our staff as well



## Lalor North Primary School



### **Uniform Order List**

	Item	Sizes Available	Price
	Summer Dress	4 6 8 10 12 14 16	\$29.00
	Bottle green & white		
	Cotton Back Short Sleeve Polo	4 6 8 10 12 14 16	\$30.00
	Dark bottle with black collar & Stripes		
	(Screenprinted logo) Until Sold Out	Adult sizes 14, 16, 18, 20	\$33.00
192	Cotton Back Short Sleeve Polo	4 6 8 10 12 14 16	\$35.00
11	Emerald with black panels, white piping and black collar with		
	emerald and white stripes (embroidered logo)	Adult sizes 14, 16, 18, 20	\$38.00
	Rugby Knit Shorts – Unisex Black	4 6 8 10 12 14 16	\$21.00
anning provident	Microfibre Shorts – Unisex	4 6 8 10 12 14 16	\$30.00
	Black	Sml – Med – Lge - XL	\$33.00
	Windeberter	4 6 8 10 12 14 16	¢24.00
	Windcheater Dark Bottle with Black bands & stripes	4 6 8 10 12 14 16	\$34.00
	(Screenprinted logo) Until Sold Out	Adult sizes 14, 16, 18, 20	\$37.00
	Bomber Jacket	4 6 8 10 12 14 16	\$48.00
	Dark Bottle with Black Bands & Stripes		ψ-τ0.00
5220	(Screenprinted logo) Until Sold Out	Adult sizes 14, 16, 18, 20	\$51.00
	Cotton Back Long Sleeve Polo	4 6 8 10 12 14 16	\$34.00
	Dark Bottle Green with Black Collar & Stripes		
	(Screenprinted logo) Until Sold Out	Adult sizes 14, 16, 18, 20	\$36.00
	Cotton Back Long Sleeve Polo	4 6 8 10 12 14 16	\$37.00
	Emerald with black panels, white piping and black collar and		
5	cuffs with emerald and white stripes (embroidered logo)	Adult sizes 14, 16, 18, 20	\$40.00
	Hooded Top	4 6 8 10 12 14 16	\$48.00
	Black with green sleeves and green insert in hood with black		
Possile Tax	bands with green and white stripes on bands (embroidered logo)	Adult sizes 14, 16, 18, 20	\$51.00
	Bomber Jacket	4 6 8 10 12 14 16	\$52.00
	Black with green sleeves and black bands with green and		
5	white stripes on bands (embroidered logo)	Adult sizes 14, 16, 18, 20	\$55.00
	Straight leg Track Pants	4 6 8 10 12 14 16	\$28.00
	Cotton/Polyester		
	Black		
	Fleecy Double knee trackpants with cuff	4 6 8 10 12 14 16	\$25.00
	Black		
	Fleecy straight leg trackpants	4 6 8 10 12 14 16	\$24.00
Π	Black	4 0 0 10 12 14 10	ψ24.00
			<b>*F000</b>
	Waterproof Jacket Fleecy Lined Black	4 6 8 10 12 14 16	\$52.00
	DICK		
	Bucket Hat	XSm 53cm Sm 55cm	\$12.00
	Bottle Green with screenprinted logo	Med 57cm Lge 59cm XLag 61cm	
	Legionnaire Hat – Until sold out	One size fits all	\$10.00
	Bottle Green with screenprinted logo		
100	School Bag	One size	\$45.00
Carrier	Black		
	Warm Beanie	One size fits all	\$12.00
	Black		
	Grade 6 Cotton Back S/Sleeve Polo Top -	4 6 8 10 12 14 16	\$52.00
N.P	Green/White/Black Special Order Available only Oct/Nov		<b>AFOOC</b>
S	Special Order Available only Oct/Nov	Adult sizes 14, 16, 18, 20	\$56.00



#### Lalor North Primary School Uniform

The purposes of the school uniform are to distinguish the school in public, build a school identity, help build an inclusive environment and to provide parents with cost effective and convenient clothing for school.

Lalor North Primary School has a compulsory school uniform. It must be worn at school, on excursions, at sporting activities and any other special occasions where students represent the school. It's important that every student feels comfortable and has a sense of belonging to our learning community while feeling pride about being a member of our school community each school day.

## **A PLUS SCHOOLWEAR**

#### Northern Regional Uniforms Shop

Address: Unit 3 /30 Heaths Court Mill Park

#### Contact: <u>03 9436 4005</u>

Email: info@northernregionaluniforms.com.au

#### **Trading Hours:**

Monday: 9.00am - 5.00pm Tuesday: 9.00am - 5.00pm Wednesday: 9.00am - 5.00pm Thursday: 9.00am - 5.00pm Friday: 9.00am - 3.00pm Saturday: 9.00am - 12.00pm **Closed Sundays and Public Holidays.** 

#### For Online Orders

Website Details: <u>www.aplusschoolwear.com.au</u>



basketball competition music & djs food and drinks giveaways and more!

For more information, contact Council's Parks Development team on 9217 2170.

This project is supported by the Victorian Government through the Growing Suburbs Fund.





Norris Bank

Reserve

## DPV Health Presents The Best Time in History to be a Dad Webinar

By Jeremy Macvean from The Father Hood

Dads today can be more actively and emotionally involved in their kids' lives than ever before. This has multiple upsides for men, for their children & for their relationships. Are you making the most of the opportunity?

The webinar will explore the benefits and challenges of being a dad in 2023, how to navigate modern fatherhood, & provide inspiration for what these changes can deliver for you & your family.



RSVP by Wednesday 29th November



Participants will have the option to hear the webinar interpreted in Arabic or Punjabi



For more information contact: Lucy Forwood - Senior Coordinator Gender Equity lucy.forwood@dpvhealth.org.au



ਇਤਿਹਾਸ ਵਿੱਚ ਪਿਤਾ ਬਣਨ ਦਾ ਸਭ ਤੋਂ ਵਧੀਆ ਸਮਾਂ ਵੈਬੀਨਾਰ

ਦੁਆਰਾ Jeremy Macvean ਤੋਂ The Father Hood

ਅੱਜ ਦੇ ਸਮੇਂ ਦੇ ਪਿਤਾ ਆਪਣੇ ਬੱਚਿਆਂ ਦੇ ਜੀਵਨ ਵਿੱਚ ਪਹਿਲਾਂ ਨਾਲੋਂ ਵਧੇਰੇ ਸਰਗਰਮ ਅਤੇ ਭਾਵਨਾਤਮਕ ਤੱਕ ਤੋ ਸ਼ਾਮਲ ਹੋ ਸਕਦੇ ਹਨ। ਇਸ ਵਿੱਚ ਮਰਦਾ ਲਈ, ਉਹਨਾਂ ਦੇ ਬੱਚਿਆਂ ਲਈ ਅਤੇ ਉਹਨਾਂ ਦੇ ਸੰਬੰਧਾਂ ਲਈ ਬਹੁਤ ਸਾਰੇ ਉਪਰਾਲੇ ਹਨ। ਕੀ ਤੁਸੀਂ ਮੌਕੇ ਦਾ ਵੱਧ ਤੋਂ ਵੱਧ ਫ਼ਾਇਦਾ ਉਠਾ ਰਹੇ ਹੋ?

ਇਹ ਵੈਚੀਨਾਰ 2023 ਵਿੱਚ ਪਿਤਾ ਬਣਨ ਦੇ ਲਾਭਾਂ ਅਤੇ ਚੁਣੱਤੀਆਂ ਦੀ ਪ੍ਰਕਚੇਲ ਕਰੇਗਾ, ਆਧੁਨਿਕ ਪਿਤਾ ਬਣਨ ਦੇ ਤਰੀਕੇ ਅਤੇ ਇਹ ਤਬਦੀਲੀਆਂ ਤੁਹਾਡੇ ਅਤੇ ਤੁਹਾਡੇ ਪਰਿਵਾਰ ਲਈ ਕੀ ਕਰ ਸਕਦੀਆਂ ਹਨ ਇਸ ਲਈ ਪ੍ਰੇਰਨਾ ਦੇਵੇਗਾ।



ਬੁੱਧਵਾਰ 29 ਨਵੰਬਰ ਤੱਕ RSVP ਦਿਓ

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يمكن للآباء اليوم أن يكونوا أكثر نشاطًا وعاطفةً في حياة أطفالهم من أي وقت مضى وهذا له إيجابيات متعددة للرجال ولأطفالهم ولعلاقاتهم هل تستغل الفرصة إلى أقصى حد؟

ستستكشف الندوة عبر الإنترنت فوائد وتحديات كونك أبًا في عام 2023 وكيفية التعامل مع الأبوة الحديثة وتوفير الإلهام لما يمكن أن تقدمه هذه التغييرات لك ولعائلتك.



**الأربعاء** 6 كانون الأول / ديسمبر 7 مساءً - 8 مساءً 2023

2**025** عبر الإنترنت

الحجز بحلول يوم الأربعاء 29 تشرين الثاني / نوفمبر



لمزيد من المعلومات يرجى التواصل مع: Lucy Forwood - منسقة أولى لشؤون المساواة بين الجنسين lucy.forwood@dpvhealth.orgau

عبر الإنترنت مترجمة باللغة العربية